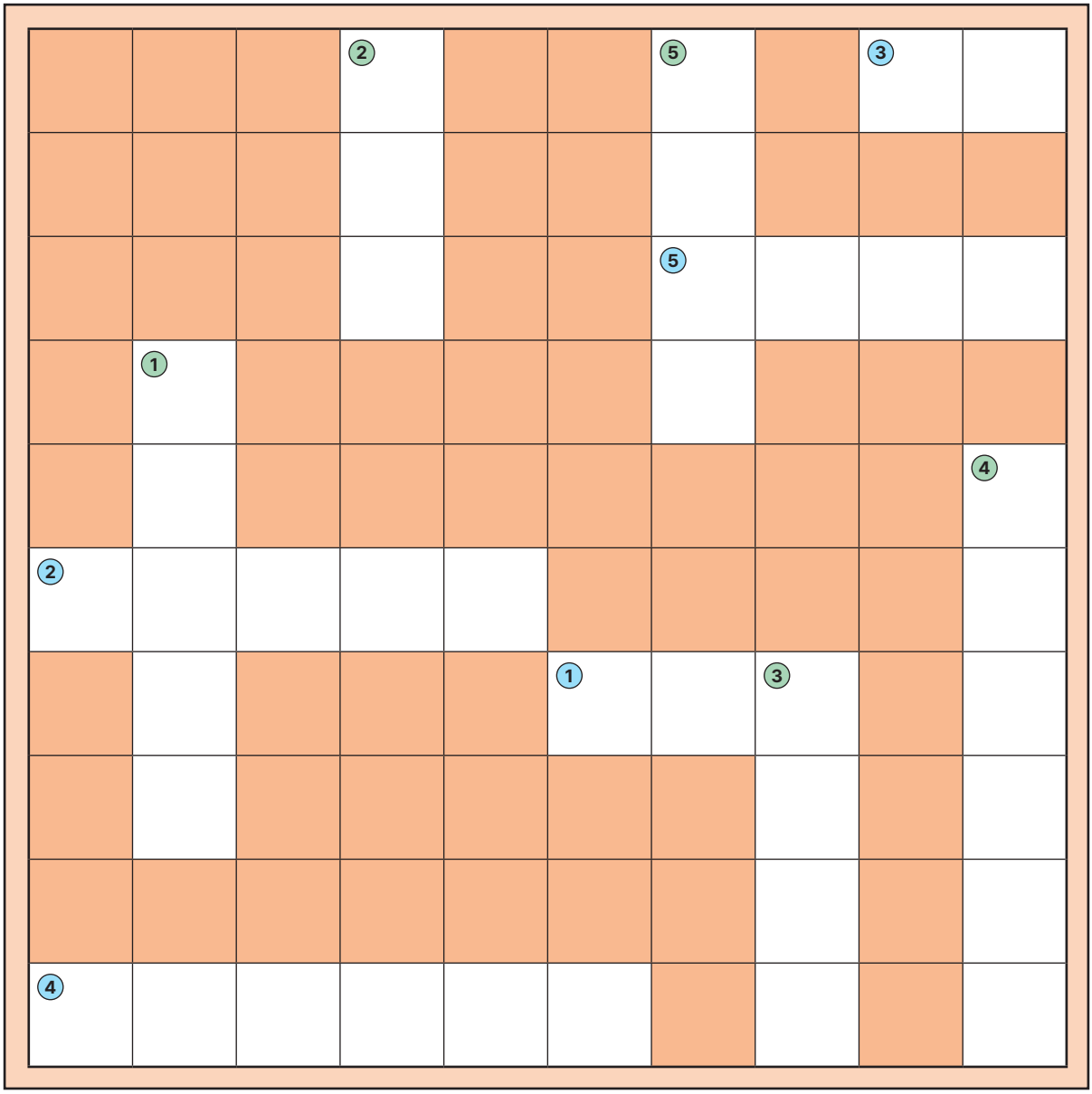가로세로 안전 낱말퀴즈